



LIGHTING THE WORLD
ONE LIFE AT A TIME

Skagit Adventist School
530 North Section Street
Burlington WA 98233

SKAGIT ADVENTIST ACADEMY FUN RUN/WALK

SUNDAY, OCTOBER 19, 2008

Enjoy a flat 5K run through residential Burlington or a fun $\frac{3}{4}$ mile Children's Run off the city streets. Benefits the sports and ski/snowboard program at Skagit Adventist Academy.

SCHEDULE: Registration will be from 7:30 to 8:20 AM at Skagit Adventist Academy, 530 N. Section St., Burlington. $\frac{3}{4}$ mile Children's Run begins at 8:30 AM, and 5K Run/Walk begins at 9:00 AM. Awards and door prizes after 5K Run/Walk.

REGISTRATION: Mail entry or deliver in person to Fun Run, Skagit Adventist Academy, 530 N. Section St., Burlington, WA 98233. Registration forms are also available at www.skagitadventist.com. Pre-registration must be received by October 16.

ENTRY FEE: \$5 for Children's Run, \$15 with T-shirt. \$10 for 5K Run or Walk, \$20 with T-shirt. Add \$5 for day of race registration.

COURSE: Flat, fast 5K (3.1 miles) through residential Burlington, ending on the jogging trail by the school. $\frac{3}{4}$ run starts in the school play area and follows the perimeter of the school grounds, ending on the jogging trail. Water stations at approximately one and two miles, and at start/finish.

AWARDS: Prizes to top male and female finishers in each race. Ribbons to top three in each age division, and to each child in the Children's Race. Age groups are: 10 & under, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, and 70+.

DIRECTIONS: From I-5, take the Hwy 20 exit, follow Hwy 20 east for $1\frac{1}{2}$ miles to Skagit Adventist Academy on the right.

INFORMATION: Call the school at 360-755-9261.